

As we approach the season of **Advent**, we are invited to prepare our hearts for the coming of Christ. Advent is a time of hope, prayer, and joyful expectation. It calls us to slow down, reflect, and make room for the Lord in our lives



Here are some ways we can prepare together:

- **Prayer and Reflection:** Spend time each day in prayer, reading Scripture, and meditating on God's promises.
- **Sacrament of Reconciliation:** Consider receiving the Sacrament of Confession as a way to renew your heart.
- **Acts of Charity:** Share Christ's love through kindness and service to those in need.
- **Advent Wreath & Traditions:** Use the Advent wreath at home as a reminder of the light of Christ coming into the world.

Let us journey together in faith and make this Advent a season of spiritual renewal